

The right choice

Exploring how different choices can have an impact

Great for...

- **PSHE/Citizenship** developing a sense of responsibility and positive consequences for actions

Activity

- 1 Talk to the children about inspirational figures who have had to face difficult questions and make difficult choices in their lives. A difficult question might be: 'If you were being bullied would you tell someone?' Tom Daley, the Olympic diver, spoke out about his experience of bullying, and this has helped hundreds of people to speak out about their experiences. Another might be, 'If you knew something was wrong, would you speak out against it? Even if you were punished?' An example of someone making this decision might be Nelson Mandela, who went to prison for 27 years because of his beliefs on apartheid.
- 2 Ask the children to follow a trail through the school grounds. At various points on the trail (see 'Preparation' below) there will be thought-provoking questions requiring them to make a choice. They should stop and read the questions, and think about their answer. What choice would they make, and why do they think it is the right choice to make? They could make notes to record their thoughts.
- 3 Come back together as a group and let the children talk about the decisions they made, and why.

What you need

- **Laminated cards** with prepared questions
- **Paper, pencils and clipboards**

Preparation

- Explain to the children that through our journey in life we are continually presented with questions and choices, and the decisions we make can have an impact, sometimes small, sometimes large. Talk about what sort of choices and decisions these might be. Ask thought-provoking questions like 'How do we know we are making the right choices?', 'How do you feel when you make the wrong choice?'
- Distribute the pre-prepared questions around your school grounds, choosing quiet spots where the children can stop and contemplate.

Less challenging

- Allow children to work in a group or with adults so they can be supported in their responses

More challenging

- In groups the children could identify difficult choices for themselves, and create question cards for other groups to answer.
- Talk about heroes and idols, discussing the attributes of people we aspire to be. Get the children to identify when they have displayed the attributes of their own heroes, or have had to make choices that have made a difference to their lives.

Your notes

Use this space to evaluate the activity



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