



## Rosedale Residential Trip

14<sup>th</sup> – 17<sup>th</sup> March 2017

### Final Report

Another successful Rosedale trip took place this month, focussing as always on promoting independence, life skills, teamwork and positive behaviour. The four days we spend at Rosedale have a significant impact on the pupils and their achievements when we return back to school and home. We have higher expectations, see progress in both functional and life skills, and for some there is a much more positive attitude towards school and learning.

As always the pupils take charge of planning, shopping, cooking and cleaning on the trip. This time we wanted to really extend what we do and encourage the pupils to progress even further, so we set them new tasks such as:

- Cooking meals as usual but this time with new recipes, like making homemade pasta and cakes 'from scratch'.
- Taking some of the group on an eight (yes, 8!) mile hike, with the pupils in charge of the map and directions.... and we didn't get lost once!
- Pupils going to the village shop completely independently, or in pairs.
- Shower time was the most independent we have seen at Rosedale.
- The pupils took the lead on social activities such as organising a disco or playing bingo, with little input needed from staff.

As more and more of our young people do not access the Residence, this curriculum-based, cost-effective trip is vital to provide them with these intensive life skills opportunities. Once again, support staff on the trip happily gave up their time to support and enable this trip to take place – saying “the Rosedale trips just keep getting better and better”!

Back at school, pupils evaluated their experiences – new things learnt included “how to make beef stew and proper dumplings”, “how to clean the toilet”, “going to the shop with my friend”. Favourite memories included “the fish pie!”, “being able to make my own bed”, “going to Goathland for the day”, “the big walk and rolling down the hill”, and “everything!!”.



Further feedback from parents who attended the post-visit meeting on 30.3.17:

“The most important things she learnt were to be away from her mum, and deal with her anxieties and fears. These trips are vital for the progress of our children”.



“He often only enjoys his own company, but this interacting with others is very positive”

“He always comes back from the trips wanting to do different things by himself”.

“He has improved confidence in his ability to put himself forward for things”.



“He came back very happy, telling us all about it. Loved singing on the bus, and making the pasta”.

